

# May 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1 Boot Camp 10 am to 2 pm	2 Shopping and Lunch 10 am to 2 pm	3 Yoga in the Park 10 am to 2 pm	4 Bowling and Lunch 11 am to 3 pm	5 Boot Camp 10 am to 2 pm	6 Crafts in the Clinic 10 am to 2 pm
7 Off	8 Boot Camp 10 am to 2 pm	9 Lunch at the Park 11 am to 2 pm	10 Splash Pad Day 10 am to 2 pm	11 Budgeting and Lunch 10 am to 2 pm	12 Boot Camp 10 am to 2 pm	13 Hiking in the Mountains 10 am to 2 pm
14 Happy Mothers Day	15 Boot Camp 10 am to 2 pm	16 Shopping and Lunch 10 am to 2 pm	17 Yoga in the Park 10 am to 2 pm	18 Bowling and Lunch 11 am to 3 pm	19 Boot Camp 10 am to 2 pm	20 Crafts in the Clinic 10 am to 2 pm
21 Off	22 Boot Camp 10 am to 2 pm	23 Lunch at the Park 11 am to 2 pm	24 Splash Pad Day 10 am to 2 pm	25 Budgeting and Lunch 10 am to 2 pm	26 Boot Camp 10 am to 2 pm	27 Splash Pad Day 10 am to 2 pm
28 Off	29 Boot Camp 10 am to 2 pm	30 Shopping and Lunch 10 am to 2 pm	31 Yoga in the Park 10 am to 2 pm	1	2	3 Justine Zellers 928-530-9243
4	5	Notes Please send \$10 to \$20 with your member on days with Lunch and/or Shopping. On park days, please send a towel and sun screen with your member.				