



Occupational Development Checklist

5½- 7 years

5 ½ – 6 years

- Performs several sit ups well
- Performs several push-ups
- Able to perform the monkey bars
- Names most uppercase letters
- Brushes or combs hair well
- Uses simple tools, such as child's screwdriver
- Prints all numerals 0-9 and all letters without copying

6 – 7 years

- Able to rollerblade
- completes a 6- to 12-piece interlocking puzzle
- Plays simple card games, such as Go Fish
- Competitive Play: Participates in team sports and activities that promote competition with structured rules