



Occupational Development Checklist

2 ½- 3 ½ years

2 ½ – 3 years

- Throws ball 7 feet underhand
- Squeezes or pulls play dough apart
- Grasps pencil with thumb and fingers instead of fist
- Screws and unscrews jar lids
- Sorts objects that vary in size only or color only when shown how
- Undresses with help only for fasteners and pullovers with narrow necks
- Matches blue, red, and yellow objects by color
- Eats with a fork (with spillage)
- Catches ball tossed gently from 5 feet
- Completes a simple 3-piece puzzle of something familiar
- Pours accurately from one container to another
- Starting to play in a way that is more symbolic, dramatic, and interactive

3 – 3 ½ years

- Makes continuous cuts with child-safe scissors
- Copies a horizontal line and a circle
- Builds a 9-block tower
- Spoon/fork to mouth with no spillage
- Dries hands
- Plays by rules and in groups with increase in dramatic and imitative play
- Completes an easy puzzle
- Traces around the edges of basic shape templates
- Cuts a piece of paper in half with scissors on a more or less straight line
- Copies a vertical-horizontal cross